



Choose to regain control of
your recovery, wellness and life.

Medicaid, Insurance and
Community Plans Accepted

**CALL TO RECEIVE YOUR PEER
RECOVERY COACH SERVICES TODAY!**

*****ASSESSMENT REQUIRED OR LATEST ASSESSMENT
MUST BE LESS THAN ONE YEAR *****

*****MOBILE AND VIRTUAL SERVICES ARE AVAILABLE*****



Website: www.norainc.org

Service Location:
3746 Prospect Ave.
Cleveland, Ohio 44115
216-391-6672
norapeerproject@norainc.org



Ohio Recovery Housing



Counseling Services That You Can Trust

www.noracircleofcare.org



**N.O.R.A.
PEER PROJECT**

Peer - Led

Peer - Run

Peer - Driven

N.O.R.A. Peer Project, a Recovery Oriented System of Care (ROSC) organization, focuses on the Prevention, Treatment, and Recovery of individuals from an addiction to alcohol, tobacco, and other drugs.



WHAT SERVICES DO CERTIFIED PEER SPECIALIST PROVIDE?

- Assisting in the development of strengths-based individual goals
- Serving as an advocate, mentor, or facilitator for resolution of issues that a peer is unable to resolve on their own
- Developing community supports
- Providing education on ways to maintain personal wellness and recovery
- Providing education on navigating the substance abuse and mental health system

CORE COMPETENCIES, PRINCIPLES AND VALUES

Core competencies for peer workers reflect certain foundation principles identified by members of the mental health consumer and substance use disorder recovery communities. These are:

RECOVERY-ORIENTED: Peer workers hold out hope to those they serve, partnering with them to envision and achieve a meaningful and purposeful life. Peer workers help those they serve identify and build on strengths and empower them to choose for themselves, recognizing that there are multiple pathways to recovery.

PERSON-CENTERED: Peer recovery support services are always directed by the person participating in services. Peer recovery support is personalized to align with the specific hopes, goals, and preferences of the individual served and to respond to specific needs the individuals has identified to the peer worker.

VOLUNTARY: Peer workers are partners or consultants to those they serve. They do not dictate the types of services provided or the elements of recovery plans that will guide their work with peers. Participation in peer recovery support services is always contingent on peer choice.

RELATIONSHIP-FOCUSED: The relationship between the peer worker and the peer is the foundation on which peer recovery support services and support are provided. The relationship between the peer worker and peer is respectful, trusting, empathetic, collaborative, and mutual.

TRAUMA-INFORMED: Peer recovery support utilizes a strength-based framework that emphasizes physical, psychological, and emotional safety and creates opportunities for survivors to rebuild a sense of control and empowerment.

A Certified Peer Recovery Supporter (CPRS) is a person with a lived experience of a serious life challenge who helps others on their recovery journeys. A CPRS is a person who has experienced a substance use disorder and/or psychiatric condition and has progressed on his or her path to recovery and has acquired the knowledge and skills to help others with their day-to-day experiences on their own recovery journeys.

N.O.R.A Peer Project offers recovery support services by utilizing the Four Models of Social Support:

INFORMATIONAL
INSTRUMENTAL
EMOTIONAL
AFFILIATION



Recovery Coaching
Information and Referrals
Recovery Housing
Men/Women's Support Groups
Computer Education Classes
Anger Management
Cognitive Behavior Therapy
Relapse Prevention
Life Skills Preparation
Employment and Career Readiness
Recovery Management
Money Management Workshops
Strengthening Families Workshops
Health Education



N.O.R.A Training Institute

Recovery Coach Training for Adults • Coaching the Coach
Chemical Dependency Counselor Assistant (CDCA)
Statewide Advocacy • Recovery Housing
Continued Education Credits (CEU)